

# Hacienda de Guru Ram Das Newsletter

VOLUME 17 ISSUE 10

OCTOBER 2008



*Guru Ram Das Birthday meditations and special sadhana occur from 9/28-10/9*

- *Two wheel commuters—pg 5*
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## Ashram News

### Guru Ram Das Evening Meditations

Each evening chanting will begin promptly at 6:00 pm, followed by a story and langar. Please be on time. If you need directions, contact the hosts for the meditation. Blessings, Jivan Joti Kaur - [jivanjotikaur@gmail.com](mailto:jivanjotikaur@gmail.com)

**Tuesday Sept. 30** - at the Ranch, hosted by Guru Simran Kaur - 927-3782

**Wednesday Oct. 1** - at the home of Ardas Kaur and Dharm Pal Singh - 505-310-1532

**Thursday Oct. 2** - at the home of Japa Kaur and Har Pal Singh - 929-2935

**Friday Oct. 3** - at the home of Guru Amrit Kaur and Guru Dham Singh - 505-670-8516

**Saturday Oct. 4** - at the home of Hari Charn Kaur, also hosted by Shanti Shanti Kaur

**Sunday Oct. 5** - at the home of Sat Shabad Kaur and Sahaj Singh - 747-0512

**Monday Oct. 6** - at the Gurdwara. Langar is a "Wish-and-a-Dish."

**Tuesday Oct. 7** - at the home of Jivan Joti Kaur and Guru Terath Singh - 65 Sombrillo E. 753-6241

**Wednesday Oct. 8** - at the home of Sat Mitar Kaur and Sat Guru Singh - 747-1583

**Sunday Gurdwara, Oct. 5th**, our beloved Bibiji will speak in Gurdwara about Guru Ram Das. The Siri Singh Sahib Ji's passing anniversary is Oct. 6th.

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### Guru Gadee Day Gurdwara Address

*Siri Singh Sahib Ji*

*October 29, 2000*

Hail hail to this day. Bow, bow many times. Get to your heart. And bow your head. Today was the day on this planet Earth that one graceful man who became merged with God – tested, tested, and rested a time scheme and freed man from the bondage of another man.

This was the day when we received Shabd Guru as the Guide to bow to, to understand, to read, to study, to guide us forever. It was the first time man's soul became independent. This sovereignty of man's spirit was celebrated by all of us this morning. And we are in the congregation of that, remembering, understanding deep in us. It did not disconnect us from each other. It gave us a connection, a very precious connection between heavens and earth, between finite and infinity, between values and virtues, between grace and the race of mankind.

There was oneness of God – the separation ended – a union took place. And man understood that God is within, and all barriers were dropped. Man understands that a snake can take away the old skin and live with the new. Exactly we can get rid of this skin – the cover of the ego – and live new, being precious, being gracious, and being virtuous. Virtues and values become – partake of life, rather than fears and calamities and death and... God, there's a long list I'm not going to repeat this morning.

A lot of things were laid on man – ungraceful. Born in the image of God with His grace and love, with His spirit and His prana and Pavan Guru with him all the time, man was seduced and reduced to the point of a fearful rat. Calamities – he worshiped these. What

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October Ashram Events	
10/6	Fourth year anniversary of the passing of the Siri Singh Sahib Ji
10/9	Guru Ram Das Birthday Sadhana—Dhan Dhan Ram Das Guru chanting for 2½ hours and evening Gurdwara (Wish and a Dish)
10/26	Guru Gaddi Day Gurdwara Breakfast and Jaloose
Ongoing Events	
6th of the month	Gurdwara commemorating the martyrdom of the Akal Takhat. This is traditionally a “Wish-and-a-Dish” langar .
Sundays 6:30 am	Ishnaan Seva, washing the marble floors in the Gurdwara. All are welcome to participate in this uplifting event.
Wednesday, 6:00 pm	Sat Nam Rasayan classes are held Wednesday evenings from 6:00 to 7:30 pm at Terath Nivas, the home of Guru Terath Singh and Jivan Joti Kaur. Call 505-753-6241 for more information
Every Thursday, 12:30 pm	Langar served in the Langar Hall. All welcome! To help, call Amrit Kaur, 753-7705 for food preparation, and Deva Singh at 927-0988 for general information.
Every Thursday, 4:00 pm	Return of the Children’s Program every Thursday: This program is held in the Langar Hall at 4:00pm each Thursday. There are activities for the children followed by a simple meal prepared by the parents. Guru Simran Kaur from the Ranch coordinates the program.
Fridays 4:30—5:32 pm Gurdwara or langar hall	Prosperity Meditation to “develop the intuitive business mind and bring prosperity home.”
Sunday’s after langar	Free healing sessions are held in the Gurdwara. Acupuncture treatments by Guru Mitar Kaur and Sat Nam Rasayan Free Clinic facilitated by Jivan Joti Kaur.

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**Thursday Morning Sadhana, Oct. 9th**, we will begin chanting *Dhan Dhan Ram Das Guru* at 4:00am for 2½ hours in the Gurdwara. A delicious breakfast will follow. If anyone would like to cook, serve or clean up, contact Raj Inder Kaur - **753-0752**.

**Thursday Oct. 9th, evening**, there will be Gurdwara honoring Guru Ram Das. Langar will be our traditional "Wish-and-a-Dish."

**Sunday, October 26—Guru Gaddi Day 300th Anniversary**

Sat Want Singh and Manjit Kaur will host the Guru Gaddi Day breakfast at their house at 9:00 am followed by a Jaloose to the Gurdwara. (See page 9 for more details.)

October Missal Duties				
Date	Set-up	Langar	Clean-up	Akhand Path
9/29-10/5	4	1	2	3
10/6-10/12	1	2	3	4
10/13-10/19	2	3	4	1
10/20-10/26	3	4	1	2
10/27-11/2	4	1	2	3



EMT's, Siri Nirankar and Sahaj Singh, patrolling during the Obama Rally in Espanola.

## Computer Corner

By Guruka Singh

### **Should I Backup my Computer to a local Hard Drive or to the Net?**

#### **The pros and cons of storing backups on the Net**

Backing up to a remote server (a server on the Internet) offers some attractive features compared to traditional backup methods:

- You don't need to buy dedicated backup software.
- You don't need to buy CDs, DVDs, or external USB drives for backup.
- Backups are not stored locally and are thus secure against fire, theft, and other physical risks.
- Your backups are generally accessible from any Internet connection.

That sounds attractive, but there are also some serious downsides:

- You must depend on a third party to ensure the privacy and security of your backups.
- Transmitting your data over the Internet introduces additional privacy and security risks.
- If your ISP caps your data transfers, you may incur added charges for exceeding those transmission limits.
- Backup and recovery times are much slower with online backup services than with restoring a backup from local media.
- There is no support for creating and recovering from system images such as those generated by *Acronis True-Image* and other drive-imaging programs.
- You are dependent on the backup service's remaining in business.

This last point is particularly significant. Setting up a proper online backup system involves a serious time commitment, so you don't want to waste that investment on a service that goes out of business. But it's not only a question of time and effort: imagine a situation where you need to recover your data from a backup, only to discover that your online backup service is no longer operating!

This is not a purely theoretical risk. In the last year, I'm aware of at least two popular free backup services that ceased operation, one of which was called *The Linkup*. Others will surely follow. Those who used these defunct backup services lost all the time and effort they had put into creating their backups. If their ISP caps the amount of data they can upload, they also lost the money spent transmitting their data to the remote server. And what has happened to the private data stored on these discontinued services? It is probably lost.

For this reason, I don't recommend totally free backup services for any critical data. If you decide to go the online-backup route, use a commercial service that has a strong busi-

ness model and has been operating for some time. The good news is that some commercial services, such as *Mozy* (see below), offer a limited free service. If you can live with the limitations, such a free service will be fine. You then have your free account, but you also have some guarantee of service continuity.

The three commercial services that I can recommend based on positive personal experiences are: Jungle Disk from Amazon A3, Mozy, and Carbonite. All three are well-established, have a solid user base, and provide a quality service. The three services have a lot in common. Each requires you to download and install a desktop client that you use to configure your backup, manage restores, and handle the regular background backup of new and altered files to the service's remote servers. Each service specializes in backup rather than in simpler and less-secure file sharing. All three encrypt your data before transmission and store it in encrypted form on their remote servers. You can also restore your data to a different computer.

Jungle Disk's on-demand pricing and ability to back up multiple PCs gives it an edge over Mozy and Carbonite. Mozy offers an abundance of backup and restore options but is slightly more difficult to use than Carbonite. My biggest issues with Carbonite are the service's slow performance and lack of Web-based access (you have to use the company's client application.)

#### **#1: AMAZON JUNGLE DISK - A bargain for backing up multiple PCs**

With Carbonite, Mozy, and most other online backup services, you get a similar offering with similar pricing. The Jungle Disk/Amazon S3 service is quite different. The actual online storage is provided by the high-end Amazon S3 system that's designed for corporate and IT professionals. The "Amazon" here is the online Amazon.com book company, so we're talking about a serious player. Jungle Disk is the client program that allows users to access the Amazon S3 system. It's a product developed by a third party, not Amazon itself.

To use this system, you need to purchase the Jungle Disk client software for a once-off fee of U.S. \$20 and you need to separately pay Amazon S3 a monthly for the storage you use. The cost of the client covers any number of PCs accessing the same Amazon account. This contrasts with Carbonite and Mozy, where you pay separately for each PC.

The S3 charge for online storage comes to roughly \$0.15 per GB per month for storage used plus \$0.10 per GB of data uploaded and \$0.17 per GB of data downloaded. So if you have 10GB of online storage and you refresh 20 percent of that each month, you would pay \$1.50 for storage plus \$1.00 for the upload, a total of \$2.50 for that month.

Clearly, this pricing structure is cheaper than Carbonite or

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calamities? Even Jupiter goes retrograde, that big star retrogrades. Everything retrogrades. Whatever advances, retrogrades. What do they do? When Mercury retrogrades, what does he do? Go into a river and take tons of baths? God, just watch the heavens. They don't do a thing. They just accept the will of God.

*Naanak ayvai jaaneeai sabh aapay sachiaar.* He knows all, and we know the same way. I have never seen Mercury in retrograde going and taking a bath in a river. It continues its orbit. Life was to continue an orbit and karma was performed as a sacrifice to dharma so that dharma can prevail and man can be not inferior at all. That day Guru Gobind Singh understood the destiny of man. And being well and alive, he undertook upon himself the process to prepare man for the New Age, where man can live by his purity, not by his anxiety. People do not understand what is the enemy of purity. The enemy of purity is one's personal anxiety. With anxiety man becomes weak and poor, intimidated; his thoughts get totally berserk. He looks to a lot of things that do not mean anything. Man knows they don't mean anything to him, and he knows that other than God within there's no help. It can't come from outside.

There was a story of a king who was encircled by the enemy 50 times greater than his force. He asked all his subjects to defend their walls and not to worry about anything. After a long siege the enemy got tired. The enemy said, "But what is the reality? That they do not surrender." The enemy sent some person of his intelligence to somehow enter the fort, if possible, but that was not possible or practical. So finally the enemy said he was going to send his sage to negotiate this siege. So a wise man went in. They had a conversation and the wise man came back and told the enemy that this siege is useless. They have enough strength to feed themselves and they have enough of a fountain of water not to be thirsty. "What do you want to do?" The king's enemy said to the sage, "Well, I just wanted to refuse. I am leaving." So the armies left. The freedom was maintained.

Exactly that is how temptation makes a siege, fear makes a siege, and time and space make a siege around the man to reduce him to surrender. Now when he has the *Shabd Guru*, he has the strength of the soul, he has the understanding of love, he has the guidance of the Guru: nobody surrenders. Even in negotiation they do it with a grace. We are we – the children of God, the Khalsa nation, spiritual, sovereign.

Many cannot understand this taste and this Almighty gift. So there are casualties in the hand of fate. But those who have to walk the distance to their destiny shall reach and hail, hail this day, when man was free, competent, compassionate, caring, and sovereign.

*Wahe Guru Ji Ka Khalsa, Wahe Guru Ji Ki Fateh!*

## Ads & Tidbits

### Fall Clothes Swap

Our fall clothes swap is now scheduled for Saturday, **November 1st** from 11:00am until 2:00pm. Jai Jeet Sangeet Kaur is coordinating this project. The emphasis is on women's bana and items of particular interest to our community. Books and magazines also excepted. This is a fun event when we recycle and share – no money is exchanged.

**Please remember:** no children's cloths, men's cloths, torn, damaged, worn out, or badly stained items. Thank you. For more information please call 505-901-1409

**Experience the Naad of the Shabd Guru** through Santhya - correct pronunciation. All Welcome! These classes are scheduled for every Monday and Wednesday early evening. For more information call Ravinder Singh at **917-825-5000**.

**Ancient Healing Ways**—To order Siri Singh Sahib lectures, call us at (800) 359-2940 or (505) 747-2860

Gurdwara Date	Topic	Lecture Date
September 7	Religion is Science of Reality	5/30/88
September 14	Rahet	5/17/87
September 21	Bana	11/6/88
September 28	Prosperity & the Sikh Way of Life	6/7/87

New products at Ancient Healing Ways include:

- **Ringing Cedars Series** by Vladimir Megra
- **The Law of Attraction** by Esther & Jerry Hicks
- **Power Thought Cards** by Louise Hays
- **Man To Man**—Lectures by the Siri Singh Sahib

For these and other products go to:

<http://www.a-healing.com/index.html>

## Food for Health

### How To Dry and Preserve Your Garden Fresh Herbs

By Marie Iannotti

<http://gardening.about.com/od/vegetablepatch/a/DryingHerbs.htm>

Air drying herbs is not only the easiest and least expensive way to dry fresh herbs, but this slow drying process also doesn't deplete the herbs of their oils. This process works best with herbs that don't have a high moisture content, like Bay, Dill, Marjoram, Oregano, Rosemary, Summer Savory and Thyme. Moisture dense herbs, like Basil, Chives, Mint, Tarragon preserve better in a dehydrator, or try freezing them. Use a microwave or oven to dry herbs only as a last resort. These actually cook the herbs to a degree, diminishing the oil content and flavor.



### Harvesting

Harvest before flowering. If you've been harvesting all season, your plants probably haven't had a chance to flower. But non-hardy herbs will start to decline as the weather cools, so late summer is a good time to begin drying your herbs. Cut in mid-morning. Let the morning dew dry from the leaves, but pick before the plants are wilting in the afternoon sun.

### How To Dry Herbs

- Cut healthy branches from your herb plants.
- Remove any dry or diseased leaves
- Shake gently to remove any insects.
- If necessary, rinse with cool water and pat dry with paper towels. Wet herbs will mold and rot.
- Remove the lower leaves along the bottom inch or so of the branch.
- Bundle 4 - 6 branches together and tie as a bunch. You can use string or a rubber band. The bundles will shrink as they dry and the rubber band will loosen, so check periodically that the bundle is not slipping. Make small bundles if you are trying to dry herbs with high water content.
- Punch or cut several holes in a paper bag. Label the bag with the name of the herb you are drying.
- Place the herb bundle upside down into the bag.
- Gather the ends of the bag around the bundle and tie

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## Going Green

TIME in Partnership with CNN—<http://www.time.com>

### Two-Wheeler Commuters

By [PETER GUMBEL](#)

Paris has a striking new hallmark, as anyone who has visited the city in the past year can attest: thousands of gray bicycles that can be rented for a small fee and dropped off at will at high-tech bike stands around town. The Vélib' self-service scheme has been a roaring success, with more than 30 million rentals since the launch in July 2007. As a result, bicycles have become a mainstream — and very green — form of public transportation in the French capital. "They're highly ecological. They give out no emissions and you propel them with your own energy," notes Jean-Charles Decaux, co-chief executive of JCDecaux, the family-controlled outdoor advertising company that founded Vélib'.

Jean-Charles, 39, and his brother, co-CEO Jean-François, 49, are now building bicycles into a significant business for the company, which was founded by their father and has about \$3 billion in annual revenue. By the end of 2008, they'll have installed Vélib'-like schemes in 49 cities, mostly in Europe, and municipal authorities from Chicago to Singapore are flocking to Paris to take a look. Jean-Charles Decaux describes it as "a revolution," but he's careful not to take all the credit. "This was an idea whose time had come," he says. "Today, people are ready to move differently."

The scheme took four years to devise and perfect before the company first rolled it out in Vienna in 2003. The brothers developed a sophisticated software system that uses credit-card information and tracks where each bike was rented and returned, how long it was used, and by whom. They also have a business model that works: JCDecaux provides the bikes in return for an exclusive contract to sell outdoor advertising in prime locations around Paris. Some French environmentalists have criticized the business aspect of the arrangement, but without it, taxpayers would have to foot the bill. And while some motorists grumble about the new bike lanes and cyclists who weave in and out of traffic, Parisians are voting with their pedals: more than 200,000 have taken out one-year subscriptions, which cost just \$40. In an opinion poll published in May, 94% of Vélib' users said they were satisfied with the service.

For all their fine-tuning, there is still one thing that the brothers can't control: the weather. "Cold is not the enemy of the bicycle," Decaux says. "Rain is." Still, getting soaked from time to time is a small price to pay for all the good that Paris' two-wheeled commuters are doing to themselves and the environment.

**Box Pack Mail**

Benefit Rummage Sale a Success!

Sat Nam sweet sangat,

On Saturday, Sept 13th we had a very successful rummage sale fundraiser for Carol & Art Pruitt (the owners of the store **Box, Pack, Mail/Chile Line Express**, which was recently burnt down). There were about 6 sellers who sold items from 9-4 pm and the sangat's area was the largest! I was not told how much the whole rummage sale raised but the items that were donated from sangat members raised **\$675!**

It was a very sweet, cozy, and fun day! The sangat's presence was strong and Carol and Art told me numerous times how grateful they are to the Sikh community. They asked me to tell everyone thank you, thank you, thank you and that they could not keep up without friends like us. They were brought to tears and very touched by how many sangat members stopped by the rummage sale throughout the day to give them hugs and love. The money that was raised will help support Carol and Art while they wait for the insurance company to pay for the damage. Carol said that the insurance company is working hard on taking an inventory to see how much money they should receive from the fire.

Carol and Art have also found a NEW building to set up their store (because it will take too long to remodel the damaged store). **The new store** is on Riverview & Railroad Ave - close to the DeVargas Funeral home. We will update you on when the new store opens - they would love to see you all!

**Thank you so much** to the sevadars who donated so many items and/or helped unload everything: Adarsh Kaur & Sat Sang Singh, Siri Guru Nam Kaur & Siri Didar Singh, Bir Kaur & Bir Singh, Lakhmi Chand Singh, Hari Charn Kaur, Arjan Kaur & Gurumustuk Singh, Satbachan Kaur & Hari Jiwan Singh, Dhanwant Kaur, Guru Simran Kaur, Ravi Hari Kaur & Ravi Har Singh, Guru Meher Kaur & Noor Singh, Guru Amrit Kaur ABQ, Deva Singh, SpiritVoyage, Ancient Healing Ways, Sat Shabd Kaur & Sahej Singh, Guruka Singh & Guruka Kaur.

Thank you again!

Sat Darshan Kaur



Check out their online store at <http://www.chileline.com>

*October Birthdays*

- 10/2- Dev Suroop Kaur  
Hari Simran Kaur (Akal)
- 10/3 Guru Prakash Kaur
- 10/4 Hari Jiwan Kaur  
Amrit Dev Singh (son of Lakshmi K. & Dharam S.)
- 10/5 Bhandi Chorh Singh  
Siri Neel Kaur
- 10/8 Akal Kaur
- 10/11 Satya Kaur (Satya Singh)
- 10/14 Sarbjot Singh (son of Darshan K.)
- 10/16 Rajinder Kaur  
Amrit Samarath Singh  
Gurucharn Singh
- 10/19 Siri Ram Singh
- 10/21 Hargobind Kaur (granddaughter of Vir Kaur)
- 10/22 Guru Dham Singh
- 10/23 Siri Hari Kaur  
Seva Singh
- 10/24 Guru Mitar Kaur
- 10/26 Sat Kartar Singh (Albq)  
Dhyan Kaur (Albq)
- 10/27 Adarsh Kaur
- 10/30 Sat Darshan Kaur
- 10/31 Santokh Singh



*“Each one of us has a mother, Mother Earth. At this time she is suffering from environmental tragedy. She needs our help...just as when our mother becomes aged and frail. May we, as people of faith and prayer, call upon the spirit of God to save our Mother Earth, and preserve her beauty and bounty for future generations.”*

~Yogi Bhajan

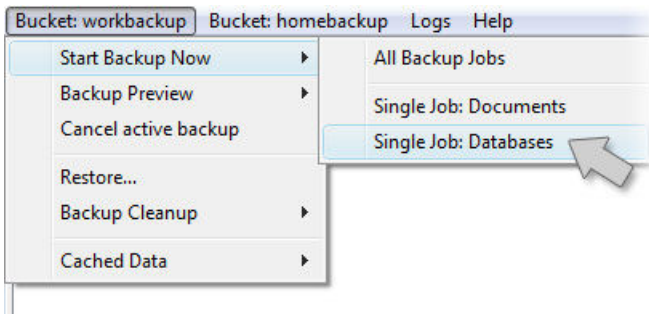
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Mozy for anyone who doesn't need a huge amount of online storage. However, when your storage requirement is larger than, say, 20GB or 30GB, the Jungle Disk/A3 approach is more expensive. The 20GB-to-30GB threshold increases when you back up more than one PC to the service. For example, if you have four PCs, Jungle Disk starts to be more expensive than alternative services closer to the 100GB level.

But it's not only Jungle Disk's pricing structure that differs from Carbonite and Mozy: Jungle Disk is also faster and more full-featured. In particular, the service is the only one of the three I tested to offer true network drive mapping. This means the files backed up to the Amazon server are accessible to you and your programs via a drive letter in Windows Explorer, Open and Save dialog boxes, and other folder windows. On my PC, the Amazon backup appears as drive K:, and I can read and write files to this drive as with any other. Similarly, any program on my PC can access the files on this drive. This is extremely convenient.

Unlike the other products, Jungle Disk offers a user-adjustable cache. This lets you tune your system to get the best possible performance when updating or changing your backup data. Jungle Disk supports the Mac OS and Linux as well as Windows. There's even a portable client that you can run from a USB flash drive.

But for me, Jungle Disk's neatest feature is its ability to do block updates. This means that only the changed portions of large data files are transferred to the remote server. You'll realize huge speed improvements when backing up Outlook .pst, Lotus Notes .nsf and other big, regularly updated files in which only a small portion of the file actually changes.



**Figure 1. The Jungle Disk service lets you back up a selected "bucket" manually or all buckets at once.**

The block-update feature is available only through Jungle Disk's "Plus" package, which costs an extra \$1 per month. Other features in the Plus package include Web access and e-mail or RSS notification of your backup status.

Jungle Disk may have a lot of features, but it also has the most complex setup of the three products I tried. You need to sign up for an Amazon S3 account in addition to buying the Jungle Disk client. No, you don't have to be an expert to set up Jungle Disk, but you do need to be experienced. Certainly, begin-

ners might be challenged.

**Strengths:**

- You pay only for the storage you use
- Experienced users will appreciate the ability to create a backup set
- True network drive mapping allows your programs to access your server data directly
- Online storage backed by Amazon will be accessible even if the desktop-client vendor goes out of business
- Fastest of the three services tested
- Caching of server files with user-adjustable cache size offers improved performance
- Personal encryption key
- Data can be permanently archived
- All major platforms supported
- Portable version available
- Desktop client can be used on any number of PCs
- Desktop client comes with unlimited lifetime upgrades
- Ability to do block updates means that only changed portions of large files are uploaded (Plus version only)
- Web access (Plus version only)
- E-mail or RSS backup-log notification (Plus version only)

**Weaknesses:**

- Setup is more complex than with other services and not well suited to beginners
- Resource throttling is not as flexible as in Mozy
- You need to buy the desktop client separately (\$20)
- Requires a subscription to the Amazon S3 service
- Vendor of desktop client possibly not as substantial as other vendors
- Web access, resumable uploads, and block-level file updates are available only with the Plus service (\$1 per month)

**#2: EMC MOZY HOME - An online-backup service with options**

Mozy, like Jungle Backup, offers unlimited storage but with slightly different pricing: \$4.95 per month or \$54.45 per year. You get more features with Mozy than you do with Carbonite for roughly the same price. Mozy is faster, offers Web access, and is more flexible in the way backup sets can be defined. However, this comes at the cost of a slightly more complex setup. Still, Mozy isn't that complex and is probably a better choice for experienced users.

Most importantly, Mozy is the only one of the three services I reviewed that offers a free option. The free service is for a maximum of 2GB of online storage, but if that's enough to hold your data, you need look no further.

**Strengths:**

- Option of a free account, though limited to 2GB of online storage
- Experienced users will appreciate the ability to create a

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- backup set
- Very flexible resource throttling
- Lots of setup options
- Calibrates your Internet bandwidth during setup
- Local 1GB caching of server speeds up operation
- Allows optional use of private encryption key
- Web-based restore
- EMC, the owner of Mozy, is a substantial company

**Weaknesses:**

- More daunting for beginners than Carbonite
- No genuine network mapped drive in home version
- Poor archiving — old versions deleted after 30 days
- No file-sharing option
- Separate license required for each PC

**#3: CARBONITE - Unlimited backup space, but limited accessibility**

Carbonite offers unlimited online storage for a flat fee of \$49.95 per year. It's the easiest of the three products to set up and has the best user interface. However, Carbonite is also the slowest of the three and the most limited in other respects. The service doesn't allow the use of personal encryption keys and lacks a Web interface. The latter problem means that the only way you can access your data stored on the Carbonite server is by installing the Carbonite client software.

**Strengths:**

- Easy-to-use interface
- Select files to back up by right-clicking, which is intuitive and easy for beginners
- Default selection of files to backup will suit most users

**Weaknesses:**

- Lack of traditional "backup sets" will annoy advanced users
- No provision for personal encryption key
- Client must be installed in order to recover data
- No Web-based restore feature
- No genuine network drive mapping, so your programs cannot access remote files directly
- Poor archiving — old backups are deleted after 30 days
- No file-sharing option
- Separate license required for each PC
- Slowest of the three on my test PC

**For backing up multiple PCs, the choice is clear**

After using all three of these systems for at least a month, I found that the product best suited to my needs was *Jungle Disk*. For backup sets less than 20GB, *Jungle Disk* is the clear winner on both price and features. Similarly, anyone with several PCs to back up will be attracted to *Jungle Disk's* licensing policy, which allows use of the client on any number of systems.

If you need to back up less than 2GB of data, then the free version of Mozy's service is an easy first choice. If you need to back up more than that amount of data and you're a begin-

ner with PCs, then Carbonite is your best bet. More experienced users are better served by either Jungle Disk or Mozy Home.

Remember, of course, that your backup speed will always be slower than backing up to a local hard disk (such as an external USB Hard Drive) and it will depend on your Internet connection speed. Our local DSL providers, Windstream and Cybermesa, offer DOWNLOAD speeds from 1.5 megabits per second up to 12 mb/s. But it's the UPLOAD speed that determines how fast your backup can be created or updated. Most Windstream and Cybermesa customers have an upload speed of 256 kilo-bits per second and some have an upload speed of 768 kb/s (3x faster) but that's still a LOT slower than the download speed. So if you do choose to backup online, the best thing to do is to start your backup when you go to bed and then just let it run overnight while you sleep.

Please keep letting me know if this column is useful to you and also keep sending me your suggestions for column topics, along with your own tips or cool downloads, so I can share them with the Sangat here. Just email them to me at [guruka@sikhnet.com](mailto:guruka@sikhnet.com) Thanks! -

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closed. Make sure the herbs are not crowded inside the bag.

- Hang the bag upside down in a warm, airy room.
- Check in about two weeks to see how things are progressing. Keep checking weekly until your herbs are dry and ready to store.



**Storing Dried Herbs**

- Store your dried herbs in air tight containers. Zip closing bags will do. I like to use small canning jars.
- Be sure to label and date your containers.
- Your herbs will retain more flavor if you store the leaves whole and crush them when you are ready to use them.
- Discard any dried herbs that show the slightest sign of mold.
- Place containers in a cool, dry place away from sunlight.
- Dried herbs are best used within a year. As your herbs lose their color, they are also losing their flavor.
- Use about 1 teaspoon crumbled dried leaves in place of a tablespoon of fresh

**Guru Gaddi Day—300th Anniversary  
October 26, 2008**

This year, on October 26th, we celebrate the 300th anniversary of the installation of Siri Guru Granth Sahib as our eternal Guide and Guru. We are looking forward to making this a memorable event. From the start here at Hacienda de Guru Ram Das, beginning every Wednesday we hold an Akhand Paath.



We will be especially focusing on the Akhand Paath that begins October 22nd. We encourage everyone to listen and meditate at the Gurdwara Alcove during this time. At some point, stories for the children will be shared in the Guru Gobind Singh pavilion. We will tell of the Light of Nanak and the Light within each of us as the children hold “candles of light” (no fire, battery powered). Then the children will lead a candlelit procession into the Gurdwara and the Guru.



More special events are being looked into. On Sunday, October 26th, 9:00am, a Sangat breakfast will be at the home of Sat Want Singh and Manjit Kaur followed by a large Jaloose led by the Panj Piare bringing the Guru up Shady Lane into the Gurdwara. Gatka demonstrations by our young adults will continue throughout the procession while a float

carrying our children and musicians fill the air with joyful song!

*Wahe Guru Ji Ka Khalsa, Wahe Guru Ji Ki Fateh!*

**Sikh Dharma of New Mexico  
Classified Ads are Moving Online!**

Recently developed, a new free on-line classified system **Yogis List** (similar to Craigslist,) will soon be taking the place of our weekly classified e-mail blasts. You will now able to post your services, find job opportunities, living opportunities and connect to the Global Community of Modern Yogis.

To post you will need to create a free account. To view classified ads, no account is necessary. You can view all ads from around the world or you can select just Espanola and view our ashram classifieds. For those of you offering your goods or services, **Yogis List** will increase your visibility.

In just the month of September, there have been 11,000 ad views. So post on **Yogis List** and expand the audience viewing your classified ads! It is very user friendly.

Here is the link to the website:  
<http://yogislist.3ho.org/index.php>



**PLEASE NOTE:**  
**The Wednesday Classifieds provided by the Ashram emails will be phased out over the next 2 weeks.**